

# Relationships,



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### Year 8 CPE

- Relationships education, including:
  - Consent
  - Safe sex and contraception
  - Pornography
  - ‘Sexting’ and image sharing
  - Avoiding STIs (sexually transmitted infections)
  - Body image
  - Domestic conflict
  - British Values
  - Extremism and Radicalisation
  - Stereotyping, discrimination and prejudice
  
- Health and wellbeing education, including:
  - Self-confidence
  - Personal development
  - Managing your own behaviour
  - Emotional literacy
  - Mindfulness
  - Vaping
  - Cancer awareness
  - Personal safety and first aid
  - Teenage pregnancy

### Year 9 CPRE (Citizenship, Personal and Religious Education)

- Relationships education, including:
  - The LGBTQ+ community
  - Immigration and diversity
  - Domestic violence and abusive relationships
  - CSE (child sexual exploitation)
  - Body image and the media
  - Eating disorders
  - Peer pressure
  
- Health and wellbeing education, including:
  - Growth mindset
  - Interpersonal skills
  - Managing stress
  - Illegal drugs and dangerous substances
  - Safe and responsible use of social media
  - Alcohol abuse
  - Self-harm
  - Prejudice and discrimination
  - Mental health: managing anxiety

### Year 10 CPRE

- Relationships education, including:
  - Same sex relationships and the LGBTQ+ community
  - Forced marriages and arranged marriages
  - Gender and trans identity





It will be necessary for staff to establish ground rules for the conduct of group discussion of sensitive

Pupils will have the opportunity to review and reflect on their learning in lessons through open discussion, while they will complete the yearly CPRE evaluation survey in July, which provides the opportunity to reflect further and provide specific feedback which may influence future curriculum changes. Pupil Voice is very important at the Sweyne Park School and any feedback from the School Council is also taken on board when planning for future years.

### **RSHE policy review date**

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